

# perceptions



**Guide  
Dogs**  
VICTORIA

---

autumn 2016 / issue 25

Welcome to the 25th edition of Perceptions!

For our regular readers, and for those receiving Perceptions for the first time, we always welcome your feedback, comments and contributions. You can contact Rachel Henningham at [rachel.h@guidedogsvictoria.com.au](mailto:rachel.h@guidedogsvictoria.com.au)

To learn more about the Adult Mobility Team, [click here](#).

Finally, you are welcome to forward this email on to your colleagues and members of your networks who can subscribe to our newsletter directly here.

Regards,

Rachel and the AMS Team

---

## Dates for the Diary

ABI Client Workshops for 2016:

- Wednesday 18 May, 10am - 2pm
  - Wednesday 3 August, 10am - 2pm
  - Wednesday 9 November, 10am - 2pm
- Check our website for more details

ABI Professional Presentations for 2016:

- Wednesday 16 March, 1pm - 3pm
  - Wednesday 10 August, 1pm - 3pm
  - Wednesday 2 November, 1pm - 3pm
- Check our website for more details

Upon request, we also provide:

- Workshops to Allied Health professionals on vision loss/problems specific to a brain injury and the services Guide Dogs Victoria provides.
- In house workshops on all our services.
- Interactive 3 hour weekend workshops to professionals at a fee
- Staff induction workshops for organisations who frequently come into contact with people with a vision impairment

Contact our Admin team for more information or to book a workshop. E: [csadmin@guidedogsvictoria.com.au](mailto:csadmin@guidedogsvictoria.com.au) Ph: 9854 4467



2-6 Chandler Highway Kew Victoria 3101  
Telephone 03 9854 4444  
Facsimile 03 9854 4466

Email [info@guidedogsvictoria.com.au](mailto:info@guidedogsvictoria.com.au)  
[www.guidedogsvictoria.com.au](http://www.guidedogsvictoria.com.au)  
ABN 68 004 621 461

## Programs

We also offer various group and other specialised programs to our clients.

### Young Adults Group Program – Footscray Food Safari

May/June (dates and details TBC)

### Travel and Personal Safety Group Programs

July and November (dates and details TBC)

### Cane to canine:

- Wednesday 4 May, 9:30am – 3:30pm
- Wednesday 22 July, 9:30am – 3:30pm
- Wednesday 14 September, 9:30am – 3:30pm
- Wednesday 30 November, 9:30am – 3:30pm

### Tech days:

9 March – Northern Metro

### Reach telephone counselling

Visit our website or contact our admin team for more information.

---

## Case Study Meet Janet...

In June 1984 Janet was involved in a head on collision in a motor vehicle accident. She sustained traumatic injuries to the frontal and temporal lobes of her brain. Her injuries resulted in a loss of vision (bilateral lower field loss), short term memory, as well as an array of other significant cognitive and physical impairments.

Janet coped for over thirty years by tilting her head to the ground to look out for hazards. She had developed serious neck and back problems, increased anxiety and a lack of confidence. After many trips and falls, Janet was referred to our ABI Mobility service by a private physiotherapist where she was assessed and then trained in the use of the long cane. She now uses her long cane at all times when getting around outdoors and her confidence has improved dramatically as has her independence.

Janet's training involved an assessment over a couple of weeks to ascertain her current level of mobility and functional vision. A program was then designed collaboratively with her to determine her goals and the best possible training measures and outcomes. This program was spanned over twelve weeks with a review at the end. Janet still has ongoing follow ups with the ABI team to refresh her cane skills and address any new mobility goals. She also enjoys participating in group programs and other events when they arise.

